

**FOR IMMEDIATE RELEASE**  
**July 12, 2006**

## ***Joy of Wushu* Book Signing and Wushu Demonstration**

*"Joy of Wushu is a beautiful overview of the Chinese Martial Arts today in America. This book is perfect both at home on the coffee table and in any serious martial arts library."*

*– Gigi Oh, publisher of Kung Fu Tai Chi Magazine*

SAN JOSE, CA - Inspired by the beauty and sophistication of Wushu, Chinese newspaper journalist Lily Liu Chung, her cousin Jessica Liu Brookshire, and her 16-year old daughter Melody Chung collaborated to form the unique book project titled **Joy of Wushu**. There will be a Wushu demonstration and book-signing event held on July 30th, from 2 p.m. to 4 p.m. at Borders, located in Santana Row (356 Santana Row Suite 1030, San Jose, CA 95128).

Many high profile Wushu athletes will perform and interact with the audience at the event. Five current and former U.S. Wushu Team members—Cheri Haight, Jennifer Haight, Tiffany Reyes, Collin Lee, and Charles Hwong—will also sign autographs. Several of these athletes, such as Jack Tu (2006 Grand Champion of International Martial Arts Competition) and the Haight sisters (stars of Cirque du Soleil's KA show), are renowned in the martial arts community and have swept grand champion titles in multiple competitions. Students from USA Kung Fu Studio and O-Mei Kung Fu Academy will join the demonstration. Some masters and coaches featured in this book will also attend the event as special guests. For more information about Joy of Wushu, please visit [www.joyofwushu.com](http://www.joyofwushu.com).

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### **About Joy of Wushu**

*Joy of Wushu* is a nonfiction manuscript that aims to inform, inspire, and delight readers of all ages. Coupled with over 100 high-quality, full-color photos, *Joy of Wushu* strives to portray the beauty and sophistication of Chinese martial arts and provides a gateway to understanding the basic principles of Chinese Wushu.

The book includes, but is not limited to, the following elements:

- Brief introduction to Contemporary Wushu, Traditional Kungfu, Taiji, Sanshou, & Qigong
- Over 100 captivating photo arts featuring national champions, top masters, and athletes

- Testimonials, quotations, and personal reflections from practitioners across the country
- A large variety of definitions, concise facts, and historical backgrounds

### **Book Details**

- **Paperback:** 154 pages full colored
- **Publisher:** Think Big Publishing (July, 2006)
- **Language:** English and Chinese
- **ISBN:** 0-9774063-X
- **Price:** \$25

### **Author and Photographer**

#### **Lily Liu Chung**

Lily Liu Chung is an award-winning journalist and writer. She is the author of seven inspirational Chinese books featuring Chinese immigrant success stories. Among her books are biographies of Dr. Chang-Lin Tien, former chancellor of UC Berkeley and Charles Wang, founder and former chairman of Computer Associates.

Lily was born in Taiwan and moved to the United States when she was 22. After graduating from Missouri University, Columbia with two master degrees in Journalism and Education in 1984, she began work with the World Journal, the largest Chinese newspaper in the United States. Currently she is the city editor for the World Journal in the San Francisco bureau. (Lily can be reached at lilyliuchung@gmail.com and 408-504-1455.)

### **Visual Designer**

#### **Jessica Liu Brookshire**

Jessica Liu Brookshire is a multi-talented award winning artist and designer. She has been in the design field for over eight years and has focused on web and graphics design. Jessica attended Fu-Hsin art school in Taiwan where she discovered her natural art talent and gained solid art and design skills. She came to the United States in 1995 and graduated Cum Laude with a Bachelors of Art in Computer Video Images from Cogswell Polytechnical College. Currently she works at eBay Inc. as a Sr. Creative Designer.

### **Co-Author**

#### **Melody Chung**

Melody Chung is an accomplished writer for her young age. She has won numerous national writing awards including a Gold Award from the 2004 Scholastic Art and Writing Awards and a national winner citation from the 2003 NCTE Promising Young Writers Program. Melody enjoys practicing Wushu, and has captured 1st place in various Wushu competitions, such as UC Berkeley's Chinese Martial Arts Tournament. She is currently a student at Lynbrook High School in San Jose, California.